ABOUT THIS GUIDE

This guide is a joint project of the Yarmouth County Active Transportation Committee (YCAT), Yarmouth Recreation, Argyle Recreation Department, the Clare Recreation Department and the Yarmouth and Acadian Shores Tourism Association.

The Yarmouth County and Acadian Shores offer many recreational opportunities, such as cycling, paddling, swimming, skating, cross-country skiing and walking. There is a great diversity of landscapes and habitats to explore and enjoy including five Provincial Parks, two Interpretive Trails and lots of history.

For more information on what this area has to offer visit these websites:

YASTA	yarmouthandacadianshores.com
Yarmouth Recreation	yarmouthrecreation.ca
Argyle Recreation	munargyle.com
Clare Recreation	clarenovascotia.com
South Shore	southshoreconnect.ca

Liability Disclaimer

The Yarmouth County Active Transportation committee and its partners in the development of this guide, in no way assume liability or warrant the conditions, suitability or appropriateness of the walks described. Users of this guide accept all responsibilities and risks, inherent and not inherent, associated with its use. Although the information in this guide is believed to be accurate, they assume no liability for any errors that may exist.

Users are encouraged to obtain appropriate road maps, a compass and/or a GPS.

To report any errors or to suggest improvements to this guide send comments by email to: leisure@district.yarmouth.ca

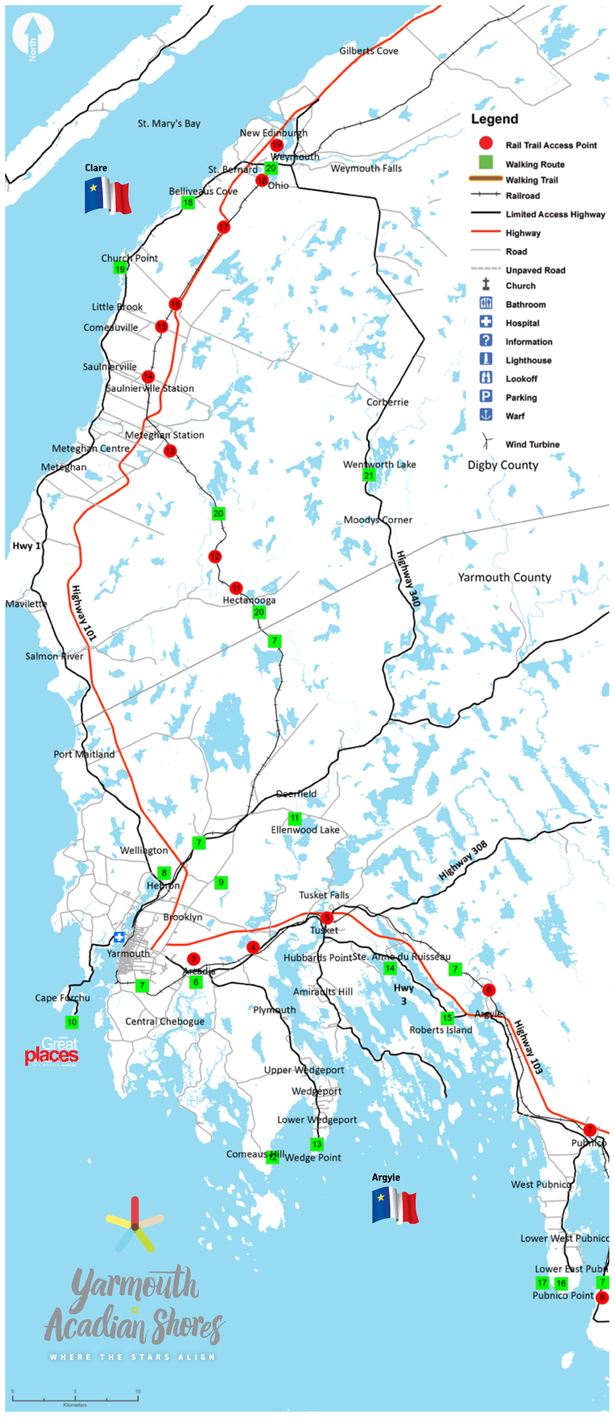
YCAT wishes to thank the Department of Health and Wellness (Active Living Branch), Heart & Stroke Walkabout™, the Yarmouth and Area Community Health Board, Yarmouth Recreation, Argyle Recreation and Clare Recreation for their financial assistance.
Brochure Layout & Design: Yarmouth & Acadian Shores Tourism Association. Trail Map designs: Gilles Maillet.

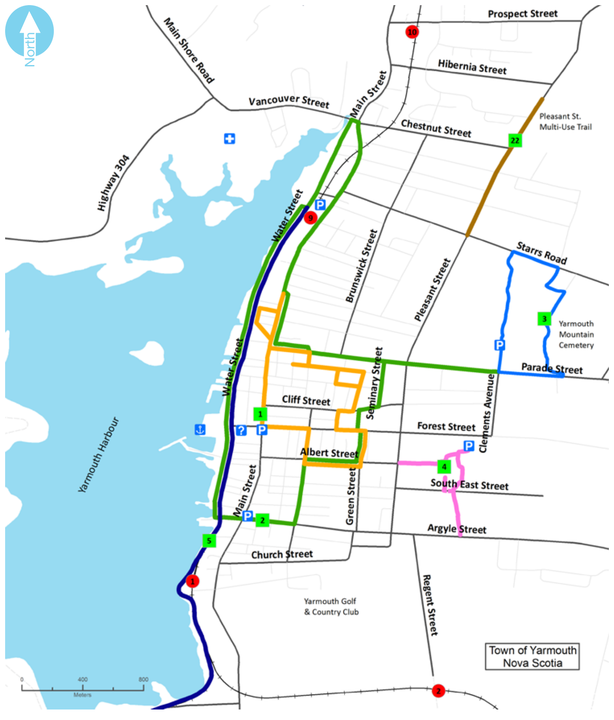
OFFICIAL HIKING GUIDE

Yarmouth County Active Transportation Committee

Heart & Stroke Walkabout walkaboutns.ca

NOVA SCOTIA





WELCOME

Yarmouth County Active Transportation invites residents and visitors to explore the region; walking is a good way to start. The historic town and municipalities, the shores, lakes, rivers, forests, and marshes all provide a varied experience.

This guide provides maps and information on the trails including directions to locate the trail, starting/access points, distance, estimated time to walk, description (surface, type of walk—linear/loop, other features), attractions, services and GPS coordinates.

Most walks are over fairly level terrain; walking times range from 20 minutes to 2 hours or more.

SAFETY

For your comfort and safety please remember these points:

- Wear appropriate footwear.
- Wear appropriate clothes (seashores can be windy!)
- Be Sun Safe! (Hat, Sunscreen SPF 30+, Sunglasses, etc.)
- Tell someone where you are going and when you plan to return.
- Take your cell phone.
- Bring water and a snack for longer walks.
- Wear reflective, light coloured clothing and carry a light when walking at night.
- Wear Hunter Orange during hunting season (from the beginning of September to the end of March) when walking in wilderness areas outside of town.
- Wear a bicycle helmet when cycling.

Whether you are a resident or a visitor, we hope that you have a safe and fun walking experience.

Most of the walks listed are not wheelchair accessible (except where indicated); we recommend walking routes with sidewalks for people in wheelchairs.

TRAIL ETIQUETTE

- Obey all signs
- Stay on trails
- Do not create new trails
- Leave nothing but your footprints behind
- Pick up after your pet (scoop the poop)
- Respect private property
- All cemeteries are sacred locations and should be visited with respect
- Cyclists give way to walkers
- Cyclists sound bell when passing
- OHV (Off Highway Vehicles) yield to walkers and cyclists

In the guide text:
Compass points and turns are in capital letters: **N** (North), **S** (South), **E** (East), **W** (West), **L** (Left) and **R** (Right).

THE JOYS OF WALKING

WALKING...

- is a gentle physical activity that is good for body and mind
- provides our bodies with fresh air
- helps us to relax, relieves stress and makes us feel better
- keeps us mobile later in life
- is a time to enjoy nature –take time to look and listen
- is a way to discover new places and meet new people
- contributes to reducing pollution
- gives us time to socialize with family and friends
- allows us to go at our own speed
- is a great way to exercise the dog

Heart & Stroke Walkabout™ is a walking initiative that is focused on putting feet back on the street and walking back in the hearts and minds of Nova Scotians. www.walkaboutns.ca

1 Historic District Sea Captain's Homes and Mercantile Heritage Walk

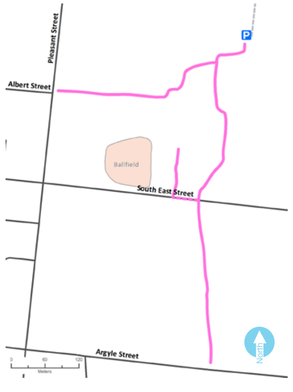
Town of Yarmouth

Starting Point: Visitor Information Centre, 228 Main St., Parking.
Route: A brochure describing the route is available at the Yarmouth County Museum on Collins St. or the Visitor Information Centre at Forest St. and Main St. or Yarmouth Recreation at the Municipal Building in Hebron.
Distance: 4 km
Time: 1 hr
Description: Loop. Town sidewalks.
Attractions: Historic buildings.
Services: Washrooms at Visitor Information Centre, cafés along the way.
GPS: Lat: 43°49.974, Lon: -66°7.242

4 Broad Brook Wetland Park

Town of Yarmouth

Starting Point: Forest St. Parking at ball fields (follow sign).
Route: At entrance there are 2 options: 1) footpath goes S to Southeast St., cross street and continue S to Argyle St. 2) continue R, side branch goes W to Pleasant St. at Albert St. A branch of the trail into the wetlands can be accessed from Southeast St.
Distance: 750 m to Argyle St., 400 m to Pleasant St.
Time: 10 mins. one way.
Description: Linear. Stone dust footpath, grassy footpath, partly follows Broad Brook.
Attractions: Interpretive signs. Wetland park established in 2013.
Services: None.
GPS: Lat: 43°49.8504, Lon: -66°6.564



2 7 Fountains Walk

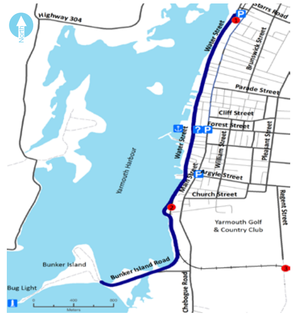
Town of Yarmouth

Starting Point: Red & White Store, 107 Main St., Parking.
Route: Red & White Store (**F#1**), Argyle St. head E, turn L onto William St., turn R onto Albert St., turn L onto Cottage Lane, cross Forest St. onto Aberdeen St., turn R onto Cliff St., next L onto Seminary St., turn R onto Parade St., head E to Mountain Cemetery (**F#2 & 3**). Return to Parade St. go W to Main St., turn R head N to Library (**F#4**), cross Main St. to Frost Park (**F#5**), return to Main St., go N along Main St. to intersection of Main St. and Chestnut St. (**F#6**). Turn L onto Water St., go S to "Lost at Sea" memorial (**F#7**), continue S along Water St. to Hueston St., turn L, to Main St. at Red & White Store.
Distance: 9 km
Time: 2 hr
Description: Loop. Town sidewalks.
Attractions: 7 fountains from 150 years old to present. Parks.
Services: Cafés, restaurants, library, museum.
GPS: Lat: 43°49.671, Lon: -66°7.248

5 Yarmouth Waterfront and Road to Bunker Island

Town of Yarmouth

Starting Point: Parking in lot to L of West Nova Fuels, 211 Water St.
Route: Sidewalk going S along Water St. to Wastewater Treatment Plant. Follow section of Yarmouth Rail Trail along shore, at fork, keep R, at dirt road turn R and follow public road to end of causeway. Road beyond is private property.
Distance: 5 km
Time: 55 mins. (30 mins. to Treatment Plant, 15 mins. more to dirt road, 10 mins. to end of causeway)
Description: Linear. Sidewalks, rail trail and dirt road.
Attractions: Working waterfront. Interpretive panels. Seashore, pebble beach, seabirds.
Services: Café near beginning; washrooms at Killam's Wharf (seasonal).
GPS: Lat: 43°50.7599, Lon: -66°7.05



3 Mountain Cemetery Loop

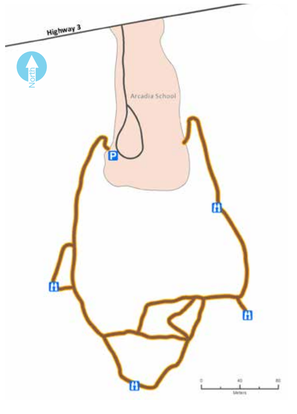
Town of Yarmouth

Starting Point: Clements Ave. (N end of road), Parking.
Route: A brochure describing the cemetery is available at the Yarmouth Museum, the Visitor Information Center or at the cemetery office (seasonal, April to October). Clements Ave, head N along the Maud Lewis Trail to Starrs Road behind Subway, turn R along Starrs Road (hard shoulder, no sidewalk), go to Charles Crosby Dr., turn R and go around building on the L, go to Burton Ave., turn R going S to the cemetery; 2 options: keep R (flat but wet) or go straight over the hill with view over Yarmouth, both options ending at Parade St., turn R go to Clements Ave. Possible extension: Various paths in the cemetery.
Distance: 2 km
Time: 25 mins.
Description: Loop. Unpaved. Wet sections. Alders. Treed cemetery. Sidewalk.
Attractions: Sacred location. Created in 1860, first burial is an 8 year old girl in 1861. Chapel, 2 fountains. Cemetery has old English beeches and huge Norway Spruce trees. View over town.
Services: Restaurants on Starrs Rd.
GPS: Lat: 43°50.268, Lon: -66°6.365

6 Tkipok Trail

Arcadia

From Yarmouth take Hwy 3 to Arcadia.
Starting Point: Arcadia School, 10177 Hwy 3, end of Parking lot.
Distance: 1 km
Time: 15 mins.
Description: Loop. 2 side paths, some outdoor exercise equipment, steps.
Attractions: Mixed forest, marsh boardwalk, 2 look-offs with benches.
Services: None.
GPS: Lat: 43°49.4682, Lon: -66°4.014



7 Yarmouth Rail Trail
Multi-region

Rail Trail from Shelburne County to Digby County. Shared-use, OHVs allowed.

Starting Points with Parking (see regional map):

South route

(Town of Yarmouth, Arcadia, Tusket, Argyle, Pubnico to Shelburne County)
Parking in Town of Yarmouth:

1. **Water St.** (South end) at the Wastewater Treatment Plant, proceed L along shore to fork, keep L, cross Chebogue Rd.
   GPS: Lat: 43°49.4742, Lon: -66°7.450799
2. **On Regent St.**
   GPS: Lat: 43°49.0515, Lon: -66°6.58608

Parking in Municipality of Yarmouth:

3. **Arcadia School in Arcadia** (on Hwy 3 walk in direction of Yarmouth Town, 500 m to trail crossing).
   GPS: Lat: 43°49.46819, Lon: -66°4.014
4. **On Egypt Rd.**
   GPS: Lat: 43°50.27778, Lon: -66°1.51044
   Parking in Municipality of Argyle:
5. **Intersection of trail with Hwy 308 in Tusket.**
   GPS: Lat: 43°51.7227, Lon: -65°58.36728
6. **Intersection of trail with Argyle Head Rd. in Argyle Station.**
   GPS: Lat: 43°48.72672, Lon: -65°51.37536
7. **Intersection of trail with Hwy 3 in Pubnico.**
   GPS: Lat: 43°42.22794, Lon: -65°46.84854
8. **Intersection of trail with Hwy 3 in Lower East Pubnico.**
   GPS: Lat: 43°35.89746, Lon: -65°46.4787

North route

(Town of Yarmouth, Hebron, South Ohio, Norwood to Digby County)
Parking in Town of Yarmouth:

9. **Water St.** in un-paved lot (private owner agreement) to left of West Nova Fuels.
   GPS: Lat: 43°50.7599, Lon: -66°7.05
10. **Prospect St.** parking lot nearest trail.
    GPS: Lat: 43°51.40728, Lon: -66°6.6783

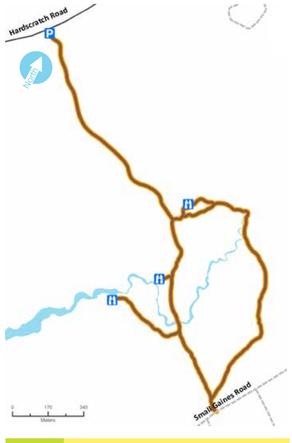
Distance: 87 km in Yarmouth County
Time: XX
Description: Linear. Stone dust, mostly even. Old rail bed. During hunting season (Sept to March) it is recommended to wear hunter orange.
Attractions: Forest, wetlands, back yards, benches.
Services: Tim Horton's (washrooms), South Ohio Esso Station (washrooms)

8 Forchu River Trail
Hebron

From Yarmouth take Hwy 1 heading N, turn R onto Hwy 340, follow sign for Hebron Recreation Complex, on Cemetery Road, turn L to Hebron Recreation Complex.
Starting Point: Hebron Recreation Complex.
Parking near garage at entrance.
Distance: 2 km
Time: 30 mins.
Description: Loop; gravel and boardwalks.
Attractions: Alders, riverside, mixed forest. Outdoor exercise equipment, tennis courts, softball fields, playground.
Services: Trail map at entrance. Public washrooms.
GPS: Lat: 43°53.7654, Lon: -66°5.2446

9 Chebogue Meadows Wildlife Interpretive Trail
Brooklyn

From Yarmouth take the Hardscratch Rd., 8.6 km to trail.
Starting Point: Chebogue Meadows trail sign. Parking.
Distance: 4.5 km
Time: 1 hr 20 mins. + 20 mins. side spur.
Description: Linear, then loop; rough footpath, wet spots, boardwalks. Red markers on trees, keep L at fork. About 45 mins. at T-junction, keep R. At 50 mins. side spur to look-off over river, linear (10 mins.); finish loop, linear trail now has yellow markers. During hunting season (Sept to March) it is recommended to wear hunter orange.
Attractions: Regenerating forest, wetlands. River, Two look-offs. Interpretive panels (keep in mind the forest is changing!)
Services: None.
GPS: Lat: 43°53.47602, Lon: -66°3.2709



10 Leif Ericson Park Trail
Cape Forchu

From Yarmouth take Hwy 304, 11km, follow Lighthouse signs.
Starting Point: Footpath starts on S side of bus parking.
Distance: 0.5 km
Time: Loop: 20 mins.
Description: Footpath, rocks, shore. One section of loop is crushed gravel and wheel-chair accessible.
Attractions: Seashore, pebble beach, lighthouse, Leif Erikson Park, museum (seasonal), picnic area, 3 look-offs.
Services: Washrooms, gift shop (seasonal).
GPS: Lat: 43°47.658, Lon: -66°9.2508

11 Ellenwood Lake Provincial Park
Deerfield

From Yarmouth take Hardscratch Rd. go 18 km, turn R onto Hwy 340, go 1.7 km, turn R onto Saunders Rd., go 2.4 km, turn R onto Mood Rd. Proceed to park entrance at 1888 Mood Rd.
Starting Point: Lower Day Use Parking; green wood-bridge. Parking at main entrance gate during off season.
Distance: 2 km
Time: Gate to Lower Day Use Parking: 15 mins. Footpath loop: 30 mins.
Description: Forest footpath loop: hilly, wet spots. Follow yellow markers on trees, keep R at fork. There are several loops around campground.
Attractions: Mixed forest. Lake with sand beach.
Services: Camping and boat launch (seasonal). Park is closed to vehicles from after Thanksgiving to the long weekend in May. During this time the "Friends of Ellenwood Park" open the "ski hut" on various Sunday afternoons (check their website for times and outdoor activities), follow road to campsites. Outhouse.
GPS: Lat: 43°55.743, Lon: -66°0.312

12 Roche-St.-Pierre
Comeau's Hill

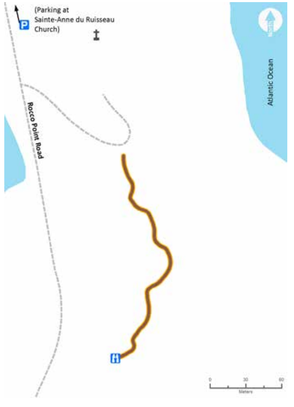
From Yarmouth take Hwy 3 to Arcadia, turn R onto Hwy 334 (towards Wedgeport), after 2 km turn R onto Comeau's Hill Rd., follow signs to Roche-St.-Pierre.
Starting Point: Left side of interpretive sign (ignore instructions on sign!). Parking off road.
Distance: 0.8 km
Time: 10 mins.
Description: Dirt road, gravel trail, linear.
Attractions: Big boulder with a legend about the location; view toward Pubnico and the Tusket Islands. Sunsets!
Services: None, but 400 m along, the road ends at a small sand beach with changing houses; small wharf; possibility to walk along the shore (rough and pebbly) about 2 km toward Comeau's Hill.
GPS: Lat: 43°41.228, Lon: -66°1.089

13 Wedgeport Nature Trail
Wedgeport

From Yarmouth take Hwy 3 to Arcadia, turn R onto Hwy 334 to Wedgeport.
Starting Point: End of paved road (Hwy 334); wooden signs "Sentier". Parking. Trail goes E to shore, along shore, turn R to dirt road, cross over, trail to W shore, along shore to Wedge Point, ends on same dirt road, return to Parking.
Distance: 5 km
Time: 1hr 20 mins.
Description: Loop. Flat, grassy, rocky, wet spots.
Attractions: Ocean shore E and W, wetland, muskrat houses, look-off, pebble and sand beaches.
Services: None (Outhouse not in use).
GPS: Lat: 43°41.68146, Lon: -65°58.79376

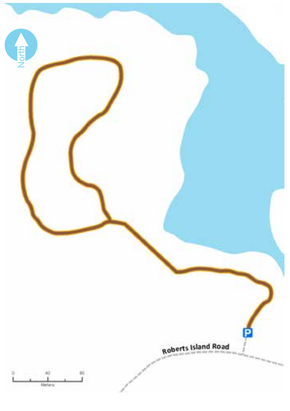
14 Rocco Point Chapel and Nature Trail
Ste-Anne-du-Ruisseau

From Yarmouth take Hwy 103 to exit 33, turn R onto Hwy 308. At the stop, turn L and follow Hwy 3 to the church at 7309, Ste-Anne-du-Ruisseau.
Starting Point: Parking at Ste-Anne-du-Ruisseau Church, where a guide is available. Walk along Rocco Point Rd. for 1 km. to trail entrance.
Distance: 0.5 km
Time: 15 mins.
Description: Linear trail includes a boardwalk. Grass surface. 2 look-offs.
Attractions: Nature trail, Salt Bay on one side and La Grande Passe on the other, viewpoint from chapel on top of hill. Acadian history.
Services: Outhouse.
GPS: Lat: 43°49.63104, Lon: -65°55.59924



15 Stan O'Brien Interpretive Trail
(Goose Creek Marsh) Roberts Island

From Yarmouth take Hwy 103 to exit 32A, turn R onto Hwy 3, after 0.8km turn L onto Robert's Island Road, after 0.8 km turn R to Parking.
Starting Point: Entrance at Parking.
Distance: 1.5 km
Time: 20 mins.
Description: Linear and loop.
Attractions: Forest and wetland.
Services: None.
GPS: Lat: 43°47.3184, Lon: -65°53.16558

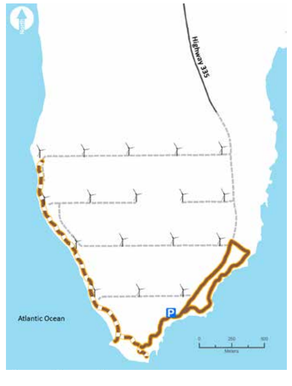


16 Pubnico Point Wind Farm
Lower West Pubnico

From Yarmouth take Hwy 103 to exit 31, turn R onto Hwy 335, continue to end of road.
Starting Point: Parking. Walk N to wind farm.
Distance: 5.2 km
Time: 1 h
Description: Access road.
Attractions: 17 wind turbines, ocean views.
Services: None.
The Village historique acadien de la Nouvelle-Écosse is 4.5 km N, follow signs.
GPS: Lat: 43°35.86416, Lon: -65°47.80962

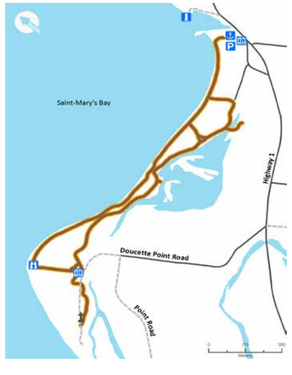
17 Pubnico Point Trail
Lower West Pubnico

From Yarmouth take Hwy 103 to exit 31, turn R onto Hwy 335, continue to end of road.
Starting Point: Entrance at Parking.
Distance: 4.8 km
Time: 45 mins.
Description: 2 loops, gravel surface, boardwalk areas
Attractions: Ocean views, coastline, 17 wind turbines. Look-offs, interpretive sign with map and trail markers (proposed).
Services: None.
The Village historique acadien de la Nouvelle-Écosse is 4.5 km North, follow signs.
GPS: Lat: 43°35.86416, Lon: -65°47.80962



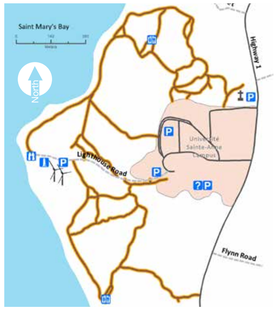
18 Piau's Walk (Sentier à Piau)
Belliveaus Cove

On Hwy 1 in Belliveaus Cove.
Starting Points: Parking. **Joseph & Marie Dugas Municipal Park**, 3239 Hwy 1, Belliveaus Cove.
GPS: Lat: 44°23.25534, Lon: -66°3.72906;
Chez Jean Restaurant, Belliveaus Cove;
Major's Point Historic Site, Grosses-Coques.
GPS: Lat: 44°23.01864, Lon: -66°4.8921.
Distance: 5 km
Time: 1 hr
Description: Linear, loop, shoreline walk on cobble/gravel, coastal forest, boardwalk.
Attractions: Wharf, functional lighthouse, market, seashore, high tides, coastal marsh habitat, fresh water wetlands, Major's Point Historic Site with an Acadian Cemetery (cir. 1750) and chapel, interpretive panels, benches, picnic tables.
Services: Washrooms (seasonal), farmers market (seasonal). Outhouse. Restaurant.



19 Le p'tit bois
Church Point

Behind Sainte-Anne University, Hwy 1, Church Point.
Starting Points: Parking. Sainte-Marie Church; Sainte-Anne University; Sports Centre (front and rear); Rendez-vous de la Baie Visitor Centre, 23 Lighthouse Rd.; At windmills on Lighthouse Rd.
Distance: 2+ km
Time: 1+ hr
Description: Multiple loops, gravel surface, forest, shoreline footpath.
Attractions: Softwood forest, coastal marsh habitat, rock/cobble/pebble shoreline, high tides, gazebo, benches, windmills. Tourist information at Rendez-vous de la Baie Visitor Centre.
Services: Washrooms in Rendez-vous de la Baie and Édifice Gustave-Blanche at the university. Outhouse.
GPS: Lat: 44°20.0271, Lon: -66°6.95526



20 Clare Rail Trail
Multi-region

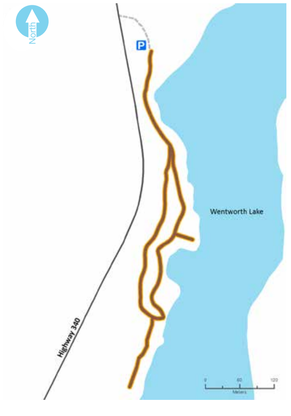
Rail Trail from Yarmouth County near Hectanooga to Digby Municipality near Weymouth at the Sissiboo River. Shared use, OHVs allowed.
Starting Points (see regional map): Parking.

11. **Junction at Hectanooga Rd. and Norwood Rd.,** Hectanooga.
    GPS: Lat: 44°5.57508, Lon: -66°1.71546;
12. **Junction at Bonnie Rd. and Norwood Rd.**
    GPS: Lat: 44°7.4274, Lon: -66°3.19092;
13. **Junction at Placide Comeau Rd. and Second Division Rd.,** Meteghan Station.
    GPS: Lat: 44°12.50112, Lon: -66°5.35608;
14. **Amirault Rd.,** Saulnierville Station.
    GPS: Lat: 44°15.16992, Lon: -66°6.0669;
15. **Little Brook Rd.,** Little Brook.
    GPS: Lat: 44°17.33706, Lon: -66°5.49096;
16. **Patrice Rd.,** Church Point Station.
    GPS: Lat: 44°18.30852, Lon: -66°4.8942;
17. **Major (Margo) Rd.,** Belliveaus Cove.
    GPS: Lat: 44°21.63, Lon: -66°2.81256;
18. **Townshipline Rd.,** St. Bernard.
    GPS: Lat: 44°23.64378, Lon: -66°1.15686;
19. **Riverside Rd.,** New Edinburgh.
    GPS: Lat: 44°24.69534, Lon: -66°0.54048.

Distance: 45 km
Time: -
Description: Linear. Gravel surface, mostly even. Underpass at Hwy 101. Old rail bed. During hunting season (Sept to March) it is recommended to wear hunter orange.
Attractions: Mixed forest, wetlands and crossing several streams, interpretive panels, benches.
Services: None.

21 Wentworth Lake Municipal Park
Moody's Corner (Corberrie)

On Hwy 340 at civic 1398 in Moody's Corner (Corberrie).
Starting Point: South end of Parking.
Distance: 0.7 km
Time: 15 min.
Description: Linear, loop. Gravel surface, uneven, boardwalk with stairs.
Attractions: Lakeshore, preserved wilderness, mixed forest, stream, foot bridge, boardwalks, 2 look-offs (1 with slide), picnic tables, benches.
Services: Outhouses.
Linear trail connects to boat launch (vehicle access on Hwy 340 at 0.7 km S of park entrance).
GPS: Lat: 44°10.96248, Lon: -65°56.54166



22 Pleasant St. Multi-use Trail
Town of Yarmouth

Multi-use trail (non-motorized use only) from Starrs Rd. to Burridge Campus (NSCC).
Distance: 1.4 km
Time: 18 min.
Description: Extra-wide paved sidewalk. Wheelchair and Family friendly.
Services: None

ADDITIONAL PARKS

Glenwood Provincial Picnic Park, Argyle (off Exit 32A on Hwy 103) (has fresh water beach)
GPS: Lat: 43°47.63628, Lon: -65°52.46442

Port Maitland Beach Provincial Park, Port Maitland (Shore Rd. off Hwy 1) (2+ km sand beach)
GPS: Lat: 43°59.2032, Lon: -66°9.19704

Mavillette Beach Provincial Park, Mavillette (Hwy 1) (2 km sand beach) (bird observation platform)
GPS: Lat: 44°5.48592, Lon: -66°11.81154

Smuggler's Cove Provincial Park, Meteghan (Hwy 1) (has stairs leading to cobble stone beach)
GPS: Lat: 44°10.17852, Lon: -66°10.96314

BEACHES

Major's Point, Grosses-Coques
GPS: Lat: 44°23.0814, Lon: -66°4.7817

Ticken Cove, Church Point (1.3 km beach/30 min; sand and cobble stone beach; connects to Belle Baie Park trailer camping)
GPS: Lat: 44°20.60502, Lon: -66°6.711

Bartlett's Beach, Beaver River
GPS: Lat: 44°0.97254, Lon: -66°9.47178

Sand Beach, Sand Beach, Yarmouth County
GPS: Lat: 43°48.51, Lon: -66°7.758