



FALL 2018

Please note *Activities are subject to change.

| Date | Activity (includes healthy snack) |
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| October 10, 2018 | Apple Picking & Apple Pie |
| October 17, 2018 | MOVING SCIENCE DAY & Fruit Molecules |
| October 24, 2018 | Humans VS Zombies, Pumpkin Carving & Scary Snacks |
| November 7, 2018 | Paintball, fruit & granola bars |
| November 14, 2018 | Axe Throwing & Trail Mix Station |
| November 21, 2018 | TaiKwondo @ the YMCA & Energy Balls |
| November 28, 2018 | DIY's & "Pinterest Foods" |
| December 5, 2018 | Biking & PIZZAAAAAAAAAAAAAAAAAAAAAAAAAAAAA |
| December 12, 2018 | Bowling , Cheese & crackers |
| December 19, 2018 | Christmas Party @ YMCA- Winter Games & Gingerbread |
| Winter Program starts January 9th | |

**Transportation may be an issue for some girls and we want everyone to have equal opportunity to attend ATB
If you require transportation OR are able to provide some to someone on your way, please let us know!*

Call Misty at Yarmouth Recreation for more information 902-742-8868
After the Bell is on Facebook! <https://www.facebook.com/maplegrovegirls>

