

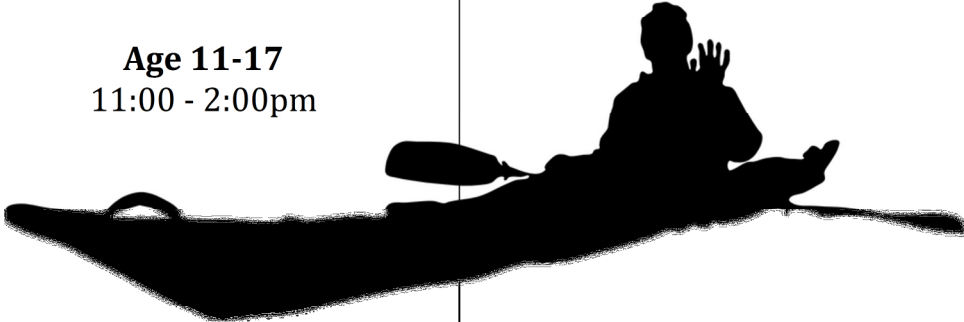


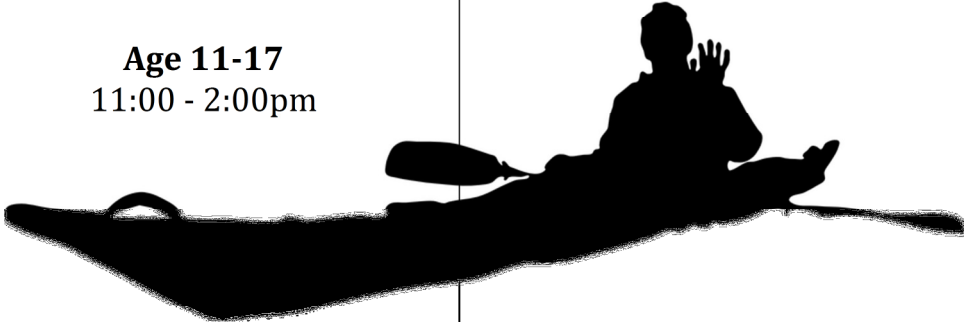
# ADVENTURE WEEK -WEEK 1 July 2<sup>nd</sup>-5<sup>th</sup>

<p><b><u>THINGS TO BRING:</u></b>  <b><u>Ages 9-15</u></b>          ✓ A Pair of Clothes to get WET          ✓ A Dry Change of Clothes              ✓ Towel          ✓ Bathing Suit for Swimming          ✓ Sunblock, Sunglasses, Hat          ✓ Water, Lunch, &amp; Snacks          ✓ Lifejackets are provided</p> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b>  <u>Yarmouth Recreation</u>          (902) 742-8868  <u>Boat House</u>          (902) 742-4923</p>	<p style="text-align: center;"><b><u>Monday, July 2<sup>nd</sup></u></b></p> <p style="text-align: center;"><b><u>CANADA DAY HOLIDAY</u></b></p> <p style="text-align: center;"><b><u>NO CAMP</u></b></p> 	<p style="text-align: center;"><b><u>Tuesday, July 3<sup>rd</sup></u></b></p> <p>9:00am -Drop Off</p> <p>9:30am -Ice Breakers &amp; Warm Up Games</p> <p>10:00am -Canoeing &amp; Kayaking</p> <p>12:00pm -Lunch</p> <p>1:00pm -Games &amp; Swimming</p> <p>2:00pm -Pickup</p>
<p style="text-align: center;"><b><u>Wednesday, July 4<sup>th</sup></u></b></p> <p>9:00am -Drop Off</p> <p>9:30am -Warm Up Games</p> <p>10:00am - Sailing</p> <p>12:00pm - Lunch</p> <p>1:00pm - First Aid with Life Guards</p> <p>2:00pm -Pickup</p>	<p style="text-align: center;"><b><u>Thursday, July 5<sup>th</sup></u></b></p> <p style="text-align: center;"><b>*Drop off at Ellenwood*</b>  <i>Contact number for Ellenwood days:          902 774 1097</i></p> <p>9:00am - Kayak Day Trip with Picnic at Ellenwood Park</p> <p>12:00pm - Lunch</p> <p>1:00pm - Geocaching</p> <p>2:00pm - Pickup</p> <p style="text-align: center;"><b>*Pickup at Ellenwood*</b></p>	

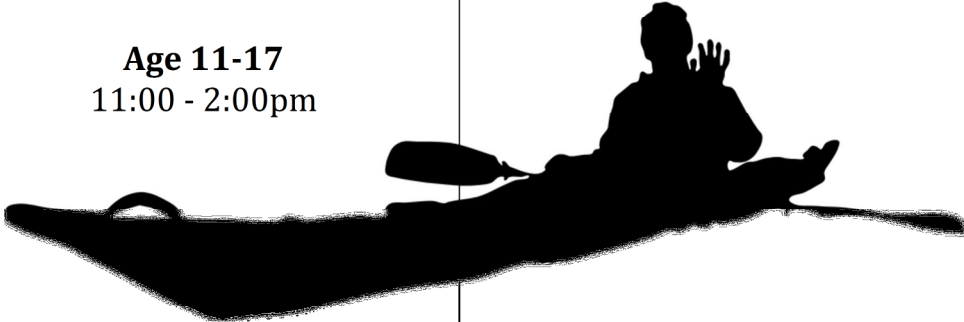
# CANOE KAYAK -WEEK 2 July 9<sup>th</sup>-12<sup>th</sup>

<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"><li>✓ A Pair of Clothes to get WET</li><li>✓ A Dry Change of Clothes<ul style="list-style-type: none"><li>✓ Towel</li></ul></li><li>✓ Bathing Suit for Swimming</li><li>✓ Sunblock, Sunglasses, Hat</li><li>✓ Water, Lunch, &amp; Snacks</li><li>✓ Lifejackets are provided</li></ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b> <u>Yarmouth Recreation</u> (902) 742-8868 <u>Boat House</u> (902) 742-4923</p>	<p><b><u>Monday, July 9<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p><b><u>Tuesday, July 10<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>
<p><b><u>Wednesday, July 11<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p><b><u>Thursday, July 12<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	


# CANOE KAYAK -WEEK 3 July 16<sup>th</sup>-19<sup>th</sup>

<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"><li>✓ A Pair of Clothes to get WET</li><li>✓ A Dry Change of Clothes<ul style="list-style-type: none"><li>✓ Towel</li></ul></li><li>✓ Bathing Suit for Swimming</li><li>✓ Sunblock, Sunglasses, Hat</li><li>✓ Water, Lunch, &amp; Snacks</li><li>✓ Lifejackets are provided</li></ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b> <u>Yarmouth Recreation</u> (902) 742-8868 <u>Boat House</u> (902) 742-4923</p>	<p><b><u>Monday, July 16<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p><b><u>Tuesday, July 17<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>
<p><b><u>Wednesday, July 18<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p><b><u>Thursday, July 19<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	

# CANOE KAYAK -WEEK 4 July 23<sup>rd</sup>-26<sup>th</sup>

<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"> <li>✓ A Pair of Clothes to get WET</li> <li>✓ A Dry Change of Clothes             <ul style="list-style-type: none"> <li>✓ Towel</li> </ul> </li> <li>✓ Bathing Suit for Swimming</li> <li>✓ Sunblock, Sunglasses, Hat</li> <li>✓ Water, Lunch, &amp; Snacks</li> <li>✓ Lifejackets are provided</li> </ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b>  <u>Yarmouth Recreation</u>            (902) 742-8868  <u>Boat House</u>            (902) 742-4923</p>	<p style="text-align: center;"><b><u>Monday, July 23<sup>rd</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p style="text-align: center;"><b><u>Tuesday, July 24<sup>th</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>
<p style="text-align: center;"><b><u>Wednesday, July 25<sup>th</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p style="text-align: center;"><b><u>Thursday, July 26<sup>th</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	

# CANOE KAYAK-WEEK 5 July 30<sup>th</sup>-Aug 2<sup>nd</sup>

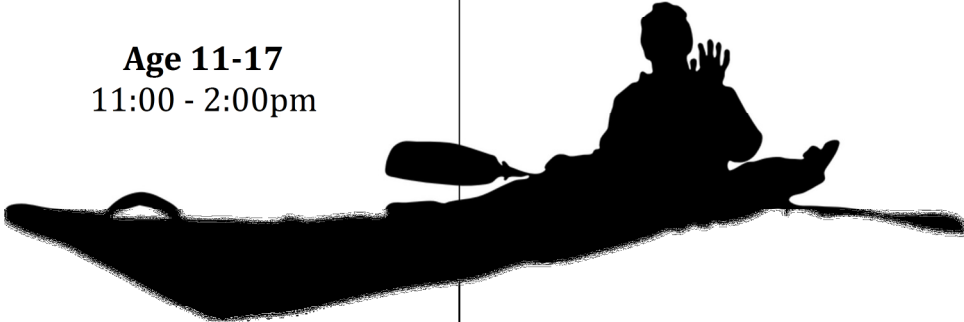
<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"> <li>✓ A Pair of Clothes to get WET</li> <li>✓ A Dry Change of Clothes             <ul style="list-style-type: none"> <li>✓ Towel</li> </ul> </li> <li>✓ Bathing Suit for Swimming</li> <li>✓ Sunblock, Sunglasses, Hat</li> <li>✓ Water, Lunch, &amp; Snacks</li> <li>✓ Lifejackets are provided</li> </ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b>  <u>Yarmouth Recreation</u>            (902) 742-8868  <u>Boat House</u>            (902) 742-4923</p>	<p style="text-align: center;"><b><u>Monday, July 30<sup>th</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p style="text-align: center;"><b><u>Tuesday, July 31<sup>th</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>
<p style="text-align: center;"><b><u>Wednesday, August 1<sup>st</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p style="text-align: center;"><b><u>Thursday, August 2<sup>nd</sup></u></b></p> <p style="text-align: center;"><b>*KAYAKING AT ELLENWOOD*</b>  <b>Dropoff &amp; Pickup at Ellenwood</b></p> <p style="text-align: center;"><i>Contact number for Ellenwood days:</i> 902 774 1097</p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<div style="text-align: right; margin-top: 20px;">  </div>

# ADVENTURE WEEK - WEEK 6


# August 7<sup>th</sup>-9<sup>th</sup>

<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"><li>✓ A Pair of Clothes to get WET</li><li>✓ A Dry Change of Clothes<ul style="list-style-type: none"><li>✓ Towel</li></ul></li><li>✓ Bathing Suit for Swimming</li><li>✓ Sunblock, Sunglasses, Hat<ul style="list-style-type: none"><li>✓ Water &amp; A Snack</li></ul></li><li>✓ Lifejackets are provided</li></ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b> Yarmouth Recreation (902) 742-8868 <u>Boat House</u> (902) 742-4923</p>	<p><b><u>Monday, August 6<sup>th</sup></u></b></p> <p><b><u>NATAL DAY HOLIDAY</u></b></p> <p><b><u>NO CAMP</u></b></p> 	<p><b><u>Tuesday, August 7<sup>th</sup></u></b></p> <p>9:00am -Drop Off</p> <p>9:30am -Ice Breakers &amp; Warm Up Games</p> <p>10:00am -Canoeing &amp; Kayaking</p> <p>12:00pm -Lunch</p> <p>1:00pm -Games &amp; Swimming</p> <p>2:00pm -Pickup</p>
<p><b><u>Wednesday, August 8<sup>th</sup></u></b></p> <p>9:00am -Drop Off</p> <p>9:30am -Warm Up Games</p> <p>10:00am - Sailing</p> <p>12:00pm - Lunch</p> <p>1:00pm - First Aid with Life Guards</p> <p>2:00pm -Pickup</p>	<p><b><u>Thursday, August 9<sup>th</sup></u></b></p> <p>9:00am -Canoe/Kayak Day Trip with Picnic &amp; Geocaching/Adventure Training</p> <p>12:00 - Picnic Lunch</p> <p>1:00pm -Dragon Boat Racing</p> <p>2:00pm - Pickup</p>	

# CANOE KAYAK -WEEK 7 August 13<sup>th</sup>-16<sup>th</sup>

<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"><li>✓ A Pair of Clothes to get WET</li><li>✓ A Dry Change of Clothes<ul style="list-style-type: none"><li>✓ Towel</li></ul></li><li>✓ Bathing Suit for Swimming</li><li>✓ Sunblock, Sunglasses, Hat</li><li>✓ Water, Lunch, &amp; Snacks</li><li>✓ Lifejackets are provided</li></ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b> <u>Yarmouth Recreation</u> (902) 742-8868 <u>Boat House</u> (902) 742-4923</p>	<p><b><u>Monday, August 13<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p><b><u>Tuesday, August 14<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>
<p><b><u>Wednesday, August 15<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p><b><u>Thursday, August 16<sup>th</sup></u></b></p> <p><b><u>Time: Age Group</u></b></p> <p><b>Age 7-10</b> 9:00 - 10:30am</p> <p><b>Age 11-17</b> 11:00 - 2:00pm</p>	

# CANOE KAYAK -WEEK 8 August 20<sup>th</sup>-23<sup>rd</sup>

<p><b><u>THINGS TO BRING:</u></b></p> <ul style="list-style-type: none"> <li>✓ A Pair of Clothes to get WET</li> <li>✓ A Dry Change of Clothes             <ul style="list-style-type: none"> <li>✓ Towel</li> </ul> </li> <li>✓ Bathing Suit for Swimming</li> <li>✓ Sunblock, Sunglasses, Hat</li> <li>✓ Water, Lunch, &amp; Snacks</li> <li>✓ Lifejackets are provided</li> </ul> <p><b>PLEASE DO NOT SEND ANY PEANUT OR SHELFISH PRODUCTS</b></p> <p><b><u>Contacts:</u></b>  <u>Yarmouth Recreation</u>          (902) 742-8868  <u>Boat House</u>          (902) 742-4923</p>	<p style="text-align: center;"><b><u>Monday, August 20th</u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p style="text-align: center;"><b><u>Tuesday, August 21<sup>st</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>
<p style="text-align: center;"><b><u>Wednesday, August 22<sup>nd</sup></u></b></p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<p style="text-align: center;"><b><u>Thursday, August 23<sup>rd</sup></u></b></p> <p style="text-align: center;"><b>*KAYAKING AT ELLENWOOD*</b>  <b>Dropoff &amp; Pickup at Ellenwood</b></p> <p style="text-align: center;"><i>Contact number for Ellenwood days:</i> 902 774 1097</p> <p style="text-align: center;"><b><u>Time: Age Group</u></b></p> <p style="text-align: center;"><b>Age 7-10</b> 9:00 - 10:30am</p> <p style="text-align: center;"><b>Age 11-17</b> 11:00 - 2:00pm</p>	<div style="text-align: center;">  </div>