



Fall 2017

Please note *Activities are subject to change.

Date		Activity (includes healthy snack)
October 11, 2017		Paddleboard (yes - in the water!) & Crackers/fruit/cheese
October 18, 2017		Sledge ball hockey & Muffins/fruit
October 25, 2017		Humans VS Zombies & Something Scary
November 1, 2017		Axe Throwing & Chicken Enchiladas
November 8, 2017		Paintball & Granola Bars
November 15, 2017		Archery/Soccer (not together!) & Tacos
November 22, 2017		Mountain Biking & PIZZA
November 29, 2017		Ball Hockey & Wraps
December 6, 2017		Capture the Flag - Grinch style & Pancakes
December 13, 2017		Swimming @ the YMCA & Veggie Cups
<p>The Winter/Spring schedule will be available in December and include activities like skiing, sledding, dance, skating plus our "big trip event"!</p>		

**Transportation may be an issue for some girls and we want everyone to have equal opportunity to attend ATB
If you require transportation OR are able to provide some to someone on your way, please let us know!*

Call Misty or Jillian at Yarmouth Recreation for more information 902-742-8868
After the Bell is on Facebook! <https://www.facebook.com/maplegrovecirls>

