

<p>Please Bring</p> <ul style="list-style-type: none"> -Water -Lunch -Snacks -Sunscreen -Sneakers -Change of clothes -Book bag -Hat -Towel <p>Please ensure your child come prepared to be outside no matter the weather. Whether activities will be outside is at the discretion of the staff.</p>	<p>Wednesday, July 5th <u>Accuracy training</u></p>  <p>10:00 Drop off at Janet Smith memorial field 10:00 - 10:15 Free time 10:15 - 10:30 Rules and instructions for the day 10:30 - 11:00 Stretching and warm up game 11:00 - 11:20 Snack 11:20 - 12:20 Accuracy development 12:20 - 1:00 Lunch 1:00 - 2:30 Lawn bowling 2:30 - 2:45 Snack 2:45 - 4:00 small games 4:00 - 4:40 Late pick up at Janet Smith memorial field</p>	<p>Monday, July 10th <u>Survival training</u></p>  <p>10:00 Drop off at Janet Smith memorial field 10:00 - 10:15 Free time 10:15 - 10:30 Rules and instructions for the day 10:30 - 11:00 Stretching and warm up game 11:00 - 11:20 Snack 11:20 - 12:20 Archery (with Misty James) 12:20 - 1:00 Lunch 1:00 - 2:30 Hunger Games training (with Deanne Cain) 2:30 - 2:45 Snack 2:45 - 4:00 small games 4:00 - 4:40 Late pick up at Janet Smith memorial field</p>
<p>Thursday, July 13th <u>Move and Movie</u></p>  <p>10:00 Drop off at Milo boat house 10:00 - 10:15 Free time 10:15 - 10:30 Rules and instructions for the day 10:30 - 11:00 Stretching and warm up game 11:00 - 11:20 Snack 11:20 - 12:20 Projector movie 12:20 - 1:00 Lunch 1:00 - 2:30 Yoga (with Kerry) 2:30-2:45 Snack 2:45 - 4:00 Finish movie 4:00 - 4:40 Late pick up at Milo boat house</p>	<p>Friday, July 21st <u>Builder day</u></p>  <p>10:00 Drop off at Janet Smith memorial field 10:00 - 10:15 Free time 10:15 - 10:30 Rules and instructions for the day 10:30 - 11:00 Stretching and warm up game 11:00 - 11:20 Snack 11:20 - 12:20 Boat building 12:20 - 1:00 Lunch 1:00 - 2:30 Box City building 2:30 - 2:45 Snack 2:45 - 4:00 Continue box city 4:00 - 4:40 Late pick up at Janet Smith memorial field</p>	<p>Monday, July 24th <u>Swing and search</u></p>  <p>10:00 Drop off at Janet Smith memorial field 10:00 - 10:15 Free time 10:15 - 10:30 Rules and instructions for the day 10:30 - 11:00 Stretching and warm up game 11:00 - 11:20 Snack 11:20 - 12:20 Tennis (with Shane Pippy) 12:20 - 1:00 Lunch 1:00 - 2:30 Geocaching (with Misty James) 2:30 - 2:45 Snack 2:45 - 4:00 Crafts and board games 4:00 - 4:40 Late pick up at Janet Smith memorial field</p>

Wednesday, August 2nd
Jump around



10:00 Drop off at Janet Smith memorial field
 10:00 - 10:15 Free time
 10:15 - 10:30 Rules and instructions for the day
 10:30 - 11:00 Stretching and warm up game
 11:00 - 11:20 Snack
 11:20 - 12:20 Jumping training
 12:20 - 1:00 Lunch
 1:00 - 2:30 Jumping games
 2:30 - 2:45 Snack
 2:45 - 4:00 Small games
 4:00 - 4:40 Late pick up at Janet Smith memorial field

Friday, August 4th
Dodgeman



10:00 Drop off a Milo boat house
 10:00 - 10:15 Free time
 10:15 - 10:30 Rules and instructions for the day
 10:30 - 11:00 Stretching and warm up game
 11:00 - 11:20 Snack
 11:20 - 12:20 Dodging practice
 12:20 - 1:00 Lunch
 1:00 - 2:30 Dodgeball
 2:30 - 2:45 Snack
 2:45 - 4:00 Small games
 4:00 - 4:40 Late pick up at Milo boat house

Wednesday, August 9th
Soccer showdown



10:00 Drop off at Janet Smith memorial field
 10:00 - 10:15 Free time
 10:15 - 10:30 Rules and instructions for the day
 10:30 - 11:00 Stretching and warm up game
 11:00 - 11:20 Snack
 11:20 - 12:20 Airplane building
 12:20 - 1:00 Lunch
 1:00 - 2:30 Soccer skills
 2:30 - 2:45 Snack
 2:45 - 4:00 Soccer or soccer related game
 4:00 - 4:40 Late pick up at Janet Smith memorial field

Wednesday, August 16th
Bowling for treasure



10:00 Drop off at Beacon playground
 10:00 - 10:15 Free time
 10:15 - 10:30 Rules and instructions for the day
 10:30 - 11:00 Stretching and warm up game
 11:00 - 11:20 Snack
 11:20 - 12:20 Bowling
 12:20 - 1:00 Lunch
 1:00 - 2:30 Treasure hunt
 2:30 - 2:45 Snack
 2:45 - 4:00 Free time in Beacon Park
 4:00 - 4:40 Late pick up at Beacon park

Thursday, August 24th
You're It



10:00 Drop off at Janet Smith memorial field
 10:00 - 10:15 Free time
 10:15 - 10:30 Rules and instructions for the day
 10:30 - 11:00 Stretching and warm up game
 11:00 - 11:20 Snack
 11:20 - 12:20 KIDS Choice tag games
 12:20 - 1:00 Lunch
 1:00 - 2:30 Tag games
 2:30 - 2:45 Snack
 2:45 - 4:00 Crafts
 4:00 - 4:40 Late pick up at Janet Smith memorial field

Please Bring

- Water
- Lunch
- Snacks
- Sunscreen
- Sneakers
- Change of clothes
- Book bag
- Hat
- Towel

Please ensure your child come prepared to be outside no matter the weather. Whether activities will be outside is at the discretion of the staff.

